



MARIAN COLLEGE KUTTIKANAM
(AUTONOMOUS)

WOMEN CELL REPORT 2018-19



Submitted to

THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL (NAAC)
FOURTH CYCLE OF ASSESSMENT



Inauguration of Women Cell Activities

The inauguration of the activities of women cell for the year 2018-19 was held on 7th September 2018 in the audio-visual room at 2.30 pm. The chief guest of the day was Ms Shyla Mathew, Dept. of Hospitality Management, St Joseph's Institute of Hotel Management and Catering Technology, Palai. She also handled a session on Stress Management through an elaborate and effective presentation.

Seminar on Stress Management by Ms Shyla Mathew, Dept. of Hospitality Management, St. Joseph's Institute of Hotel Management and Catering Technology, Palai.





NIRF 84 (2018)
A Grade with CGPA 3.52 (III Cycle)





First aid and CPR training

A half day workshop on first aid and CPR training was conducted on 11 October 2018 by Dr Ameen Abdul Gafoor, Asst. Surgeon, Thaluk Hospital, Peermade. Around 50 students from UG and PG programmes attended the workshop. The students were given the opportunity to use mannequin for CPR (Cardio Pulmonary Resuscitation) operation.







Visit to St Joseph's School, Kuttikkanam

Women cell celebrated X'mas with over 150 students of St. Joseph's school, Kuttikkanam on 20th December. We distributed note books, pen and sweets to them and made the day memorable for the children. It was with the aim to share the joy of the season by bringing smiles to the faces of young children who are less fortunate. The Christmas celebration began with singing Christmas carols, followed by their performance on dance.





Observing National Girl Child Day

National girl child day was celebrated on 24th of January with the theme of “Empowering Girls for a Brighter Tomorrow”. Rev Dr Roy Abraham P, Principal, Marian college addressed the girl children issues associated to their health, respect, education etc. The women protection officer, Idukki Dist. and Child Development Project officer spoke about the girl’s right for the equal education and fundamental freedoms. Adv. Divina Sasindran spoke about the legislations including Domestic Violence Act 2009, Dowry Prohibition Act 2006 in order to get their proper rights and face all the challenges in life.



Inaugural address by Mrs Lissy Thomas, Women Protection Officer, Idukki (Dist.)





Keynote address by Smt. Lekha R, CDPO, Azhutha Block





Women Empowerment through Tailoring Class

The objective of this training programme is to enhance the quality of life of women and teenage girls through enhancement of their skills and knowledge. Twelve students are being trained by a qualified professional tailoring teacher. The classes are arranged from 3.30 to 4.30 every day. Certificates are given to those who successfully complete the course. These tailoring classes enable the students to earn on their own, making them self-confident and self-dependent.

Tailoring class for Marian girls





Seminar on Fashion Technology

A half day workshop on Fashion Technology was organized on 31st January in the conference hall. Ms Harriett Shing , Hongkong, the Designer underlined the various skills and knowledge levels that should be imbibed by the budding designers of tomorrow in the ever evolving and constantly dynamic competitive environment. She highlighted the need for creativity in Fashion styling and how a person can make a mark in this ever evolving field. The students of various UG and PG programmes attended this seminar, interacted enthusiastically with the speaker.





Self Defence Training

Self-defence not only allows women to tangibly defend themselves against physical attacks, it also sparks various benefits to them in everyday life. Important values and principles can be learned, such as hard work, dedication, and perseverance, as well as the importance of maintaining personal relationships. Self-defence classes are provided for all girls of UG and PG programmes by Ms Sonia Scaria of Physical Education Department.





Medical Camp

As part of the efforts to make basic healthcare accessible for all, free medical camp was conducted on 27th January at Marian college Kuttikkanam (autonomous) by Rev Dr Sr C Rose Mavelikunnel and a team of nurses from Medical Trust Hospital, Mundakkayam . They provided basic treatment and general check up to help people be aware of their health status. Women from nearby place attended the camp.





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MAKING COMPLETE

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MAAC RE-ACCREDITATION- 4TH CYCLE



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MAC RE-ACCREDITATION - 4TH CYCLE

Poster competition



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In connection with the Women's day celebration, poster competition was held on 6th February at Marian college conference hall.

